WINCHESTER NEWS
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EVENTS

Jenks Center presents ‘Caregiving During the Holidays’ with Dr. Katie Wadland

November 11, 2025 . 3:00 PM — 1 min read

On Tuesday, Nov. 18, from 5–6 p.m., the Jenks Center, 109 Skillings Road, presents Dr. Katie Wadland, PT, DPT, board-certified geriatric clinical specialist and owner of Healthy Aging Physical Therapy, who will share her top tips and tricks, along with some excellent holiday gift ideas that support aging in place. WINCHESTER NEWS STAFF PHOTO/NELL ESCOBAR COAKLEY

The following was submitted by the Jenks Center:

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While the holiday season brings joy and togetherness, it can also present unique challenges for aging loved ones. Between traveling, visiting family and navigating unfamiliar environments, older adults may face increased risks — especially related to falls, cluttered spaces, unfamiliar visitors and disrupted routines.

On Tuesday, Nov. 18, from 5–6 p.m., the Jenks Center, 109 Skillings Road, presents Dr. Katie Wadland, PT, DPT, board-certified geriatric clinical specialist and owner of Healthy Aging Physical Therapy, who will share her top tips and tricks, along with some excellent holiday gift ideas that support aging in place.

From assistive technology to smart lighting to other clever devices, Wadland offers practical, budget-friendly solutions that can significantly enhance safety, comfort and independence at home.

This talk is ideal for partners, caregivers and anyone supporting older adults, especially during the busy holiday season. Attendees will walk away with tangible tools, creative ideas and a renewed perspective on how small changes can make a big difference in the lives of the seniors they care for.

This program is offered through generous funding from Winchester Mount Vernon House to the Winchester Council on Aging for caregiver support resources.

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By Talia Ho | Correspondent Fame. Fortune. And all that jazz. This spring, Winchester High School presents “Chicago: Teen Edition,” a bold musical that explores celebrity culture, media manipulation, and the cost of ambition. Set in the 1920s, this iconic production is sure to leave the audience wanting more. Performances will

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March 4, 2026

EVENTS

Ripley Chapel in Winchester presents ‘Syldason: You Are Welcome Here’

The following was submitted by the Ripley Chapel at First Congregational Church: On Friday, March 13, beginning at 7:30 p.m., live in-person and live streamed from the stunning Ripley Chapel at First Congregational Church, Winchester, 21 Church St., join in with Syldason, a duo concert featuring Sylvie Zakarian,

March 4, 2026

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Winchester Foundation for Educational Excellence hosting

NEWS

Sen. Jason Lewis ann March office hours in Winchester

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23rd Trivia Bee

Winchester’s brightest fifth graders and adults will gather soon to compete in a fierce trivia competition that will raise money for Winchester schools. The Winchester Foundation for Educational Excellence (WFEE), a nonprofit that provides grants for Winchester’s public schools, will host its 23rd annual trivia bee March 11

TAVISHI CHATTOPADHYAY | CORRESPONDENT

February 24, 2026

The following was submitted by the Office of Sen. Jason Lewis: State Sen. Jason Lewis will be holding Office Hours in Winchester on Monday, March 2, 2026, from 10:30-11:30 a.m. at the Winchester Public Library, 80 Washington St. Any Winchester resident is welcome to attend Office Hours,

February 23, 2026

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March 4, 2026

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NEWS

Rep. Michael Day helps House colleagues pass sweeping energy affordability bill

The following was submitted by the Office of Rep. Michael S. Day: Rep. Michael S. Day and his colleagues in the House of Representatives recently passed energy affordability legislation that would result in over $9 billion in savings for utility ratepayers over the next 10 years. The bill maintains critical

March 4, 2026

NEWS

Winchester gun owners face new training rules starting April 2

Public safety data How Winchester compares on firearms licenses in comparable Massachusetts communities Active licenses as of Jan. 25, 2025 — Source: Massachusetts Criminal History Systems Board License to carry firearms Firearms identification card Winchester and Marblehead are the focus communities. Peers selected based on comparable population size, demographics and suburban

WILL DOWD | STAFF WRITER

March 4, 2026

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